

Feedback

"The service has been excellent, and directed me where I need to be. A very big thank you to Jill in the hub, her professionalism and compassion was 100%, thank you . Overall all I'm very pleased with the service"

"Don't know what I would have done without the help I received. AVERY BIG THANK YOU."

"The hub has been a fantastic service which has supported me thought since I have rang them. Even when I had some issues with a service they contacted me again to ensure that I had accessed the service I required."

"No suggestions at all, this was my first time accessing support and I don't know why I didn't do it sooner. Thank you for making me feel heard and being so supportive."

"Great experience. I felt listened to and my concerns about confidentiality given my role were treated seriously and navigated well!"



Refer online:



Call:

0300 303 5406

Email:

staffwellbeinghub@staffsstoke.icb.nhs.uk

Twitter:

[@StaffsStokeWH](https://twitter.com/StaffsStokeWH)



The Staff Psychological Wellbeing Hub

Staffordshire and Stoke

About The Hub

The Staff Psychological Wellbeing Hub was launched in recognition that we need to be doing more to support our staff.

The Hub provides a confidential space for our Health and Social Care colleagues to talk through any issues they are experiencing that are impacting on their everyday lives.

If you are feeling stressed, anxious or overwhelmed our team of trained clinicians are dedicated and compassionate in the support they offer. We offer a one-to-one assessment and will ensure you get the right access to the right support should you need it. Don't struggle alone, let us help you get back on track.



What We Offer

Assessment

Wellbeing conversation
Confidentiality prioritised
Facilitated by a trained clinician
Follow up appointment

Signposting

System offers
Organisation-specific offers
National offers
Self-help resources

Referrals

Made by the team

Emotional Support

Clinician on duty daily should you find yourself struggling and need to talk to someone.

Outreach

Visiting areas and teams
Attendance at events
Virtual and face to face

Education/Advice

Weekly workshops
Team sessions
(contact us to discuss how we can support your team)

Who Is Eligible?

- All Primary Care colleagues
- All Social Care colleagues
- Midlands Partnership NHS Foundation Trust
- University Hospital of North Midlands NHS Trust
- North Staffs Combined Healthcare NHS Trust
- West Midlands Ambulance Service University NHS Foundation Trust
- University Hospitals of Derby and Burton NHS Foundation Trust
- Third Sector Services
- Health and Social Care Students & Apprentices

Confidentiality

Your information is stored on our unique system which can only be accessed by the Hub Team.

It is at your discretion whether your organisation are informed of your referral and/or assessment outcome.